
Choose the Right Care for You



Customise Your Care To Suit Your Health Goals and Budget.

We provide a number of different types of care protocols to best suit your health goals, time, budget and individual needs.

Whether you want to fast track things on the premium Corrective Care Program, or achieve optimal spinal function on the Platinum Program, you have options.

We Will Help You Feel Great Again!

Unique to this Practice is the ability to combine modern Chiropractic BioPhysics (CBP) techniques that will restore Postural and Structural alignment, as well as ancient techniques of Chinese Medicine and Acupuncture to decrease pain, inflammation and speed up your recovery.



So what is on offer?

- **Initial Intensive Care:** Crisis Care
- **Corrective Care Program:** The Premium Spinal Correction Program.
- **Spinal Reconstructive Care:** Continue to Strengthen and Stabilise the Spine
- **Platinum Care:** You Want a Strong Health Body for Life

We provide a truly unique, multi-disciplinary approach to your care, backed by extensive scientific research, the latest technology and cutting-edge corrective techniques. With so many options, it can be a little daunting so Dr. Hooper and the Practice Team will guide you through types of care for your individual case.

Spinal Workshops: An integral part of your care is attendance at a special in house Spinal and Back Care Workshop. Dr. Hooper will teach you how to look after your spine, protect it from further injury and get the best recovery. How to stand. How to sleep. What to eat are all covered. We will also show how we have helped others with postural and structural correction.

New patients, (and partners) are required to attend the Spinal Workshop. We encourage you to bring friends and family to this fantastic evening. More details available online.

Initial Intensive Care

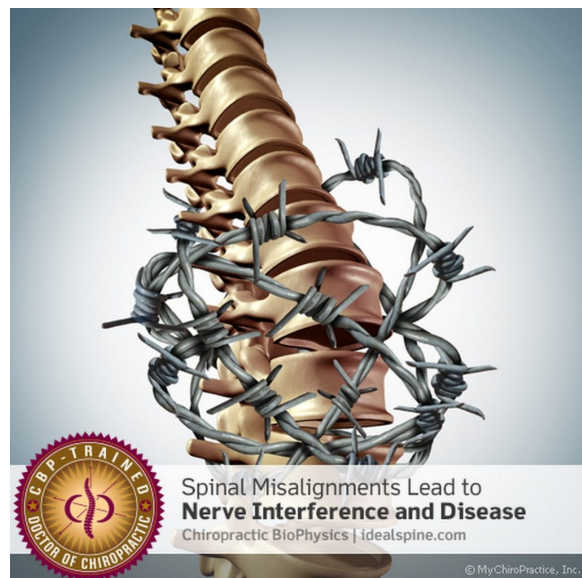
Crisis Care – Damage Control For Your Spine

Most patients usually begin with Initial Intensive Care – also known as Crisis Care.

The primary focus of crisis care is to reduce or eliminate your most obvious symptoms, get your spine moving, remove pressure off the nervous system and prepare you for Spinal Rehabilitation.

The Key Benefits of Initial Intensive Care are:

- To Decrease Pain, Inflammation and Swelling (Oedema)
- Remove Pressure From Your Nervous System
- To Get You Moving More Comfortably
- Unique: Utilise Neuro Acupuncture for Faster Recovery
- Typical Programs: 4 to 6 weeks
- Disc Patients, Fibromyalgia, Chronic Pain: 6 to 8 weeks.



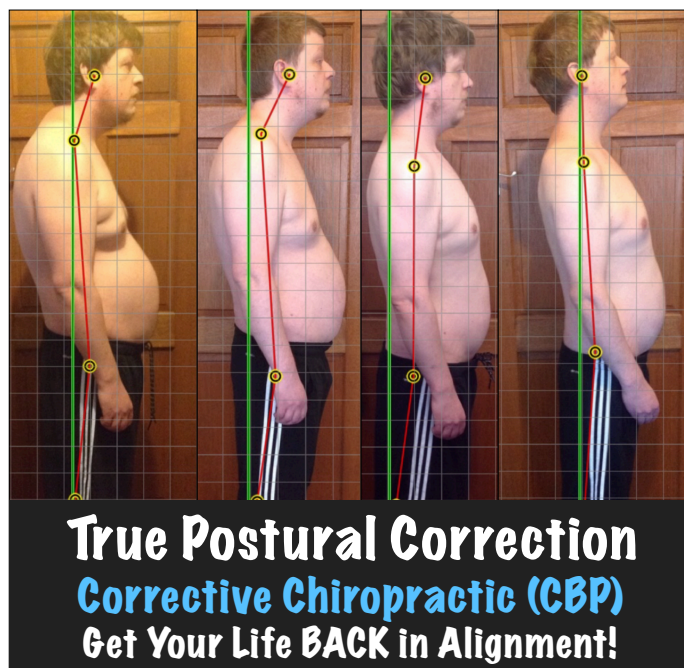
The Corrective Care Program

Corrective Care: True Postural and Structural Correction

Chiropractic BioPhysics, also known as 'Corrective Chiropractic', uses the latest technology, research, mirror image correction, traction and spinal rehabilitative technique to correct the source of your problems. Not just mask the symptoms or provide temporary relief.

Chiropractic BioPhysic utilises *the most* researched and evidence based care to effect highly reliable and reproducible results for Postural and Structural Correction of the spine.

People travel from all over Australia for our Corrective Care Programs and in particular The Corrective Care Boot Camps for accelerated recovery and to avoid surgery.



If you have significant pain, disability, scoliosis, disc prolapse, disc herniation or want to avoid spinal surgery - then this program is for you. More info is online.

Spinal Reconstructive Care

Continue to Strengthen and Stabilise Your Spine

Spinal Reconstructive Care is designed to further strengthen and stabilise your spine. With decreased pains and better mobility, true healing, spinal correction and restoration of health can occur.

Spinal Reconstructive Care usually involves one session per week to one session per fortnight for most adult patients. Reviews are usually conducted between 12 to 24 sessions depending on the health goals of the patient and complexity of spinal injuries.

The Key Benefits of Spinal Reconstructive Care:

- To Build on the work of the Initial Intensive Care and Corrective Care Programs.
- Continue your Postural and Structural Correction.
- Continue Strengthen and Stabilise Your Spine.
- Improve Core Strength and Stability.
- Continue to retrain muscle, ligaments and joint structures to achieve permanent Correction.



The Platinum Care Program

You Want a Strong Health Body for Life ... Right?

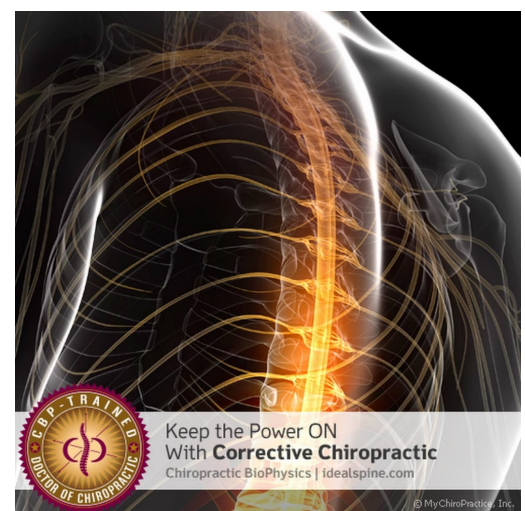
Platinum Care is the 'VIP Club' of the Practice for our Very Important Patients who qualify for this program.

Many of our patients choose to join the Preferred Member Platform where they can have a regular spinal correction at a considerable discount to our normal fee and where appointments are reserved ahead of time for them.

Platinum Care is available for patients who are clinically stable and have completed Spinal Reconstructive or The Corrective Care Programs.

The Platinum Care Program is tailored for each patient according to your individual needs and health goals. Each patient on the program is regularly assessed in terms of posture, neurological, muscular, structural and spinal alignment.

'You don't pay the price of good health you enjoy the benefits.' Join The Platinum Care Program Today. More Details are online in the Patient Resources.



New Patient Attending the Practice - Welcome!

Consultation with Clinic Director: Dr. W. R. Hooper
Identify Your Health Goals with Focused Case History
42 Point Neurological Exam, Comprehensive Orthopaedic Testing
May include Muscle Testing, Structural Assessment and SEMG Computer Analysis
Blood or Genetic Testing as Required, Radiographic and/or MRI Referral

Pre Screen Testing Consultation
Height, Weight, BP, BMI, Nerve, Muscle, Balance, pH
Posture Screen: Digitised Postural Assessment

Functional Loading Radiographs
Scientific analysis of Your Spine to see
Your Spinal Alignment and Arthritic Changes

Report of Clinical Findings with Clinic Director
Identify Key Issues and Devise Care Plan Congruent with Your Health Goals
Answer Questions: What is Wrong, Can We Help, What is Required, How Long Will It Take?

Initial Intensive Care: Crisis Care
Reduce Symptoms, Decrease Inflammation, Move Comfortably, Prepare for Rehabilitation
Programs typically 4 to 6 wks with Review: SEMG Computer Analysis

Spinal Reconstructive Care

Strengthen & Stabilise the Spine
Postural Correction
CBP & Spinal Rehabilitation

12-14 Visits @ 1wk
Review: SEMG, Pre Screen & Posture Analysis

Traditional Chinese Medicine (TCM)

Chinese Herbal Medicine
Acupuncture

8 to 12 Visits

Corrective Chiropractic Care Program

Fast Your Track Recovery
CBP & Spinal Rehabilitation
Reduce Nerve Damage
Spinal & Postural Correction
Strengthen & Stabilise the Spine

Premium Treatment Protocol
The Corrective Care Boot Camp
40 Visits: 10wk program

Review: SEMG, Pre Screen, Posture Analysis and Re X-ray

Clinical Nutrition

Detox
Weight Loss
Cardiovascular
Arthritic & Sports Performance Programs

6 to 12 Visits

Injury Specific Rehabilitation Program

Strength or Conditioning Program
Traction
Balance & Fall Prevention

12 to 24 Visits

Review with Clinic Director
Review Objective Measures and Health Goals. Has Correction Been Achieved?
Determine if further care is required, and what form that should take.

Discharge
Health Goals Achieved
No Desire to Avoid Relapse

Spinal Reconstructive Care
Further Correction and Stabilisation Required
Visits: 1wk or 2wks

Platinum Care
Good Correction and Stable
Goal is Optimal Spinal Health
Visits: P3: 3wks, P4: 4wks.